

# Eco-Home TRANSPORT Action Plan



GOOD FOR YOUR POCKETET - GOOD FOR THE ENVIRONMENT! SELECT ACTIONS FROM BELOW AND TICK OFF WHEN COMPLETED.

TRANSPORT ACTIONS	We will take this action!	Time Frame	Action taken
Walk/Cycle whenever possible			
Take public transport when possible (this will have 10 times less impact on the Environment). See: <a href="http://www.translink.co.uk">www.translink.co.uk</a> or call them on 028 90 66 66 30.			
Try carpooling with a work colleague/friend/family members/when doing the school runs (Reduces CO <sub>2</sub> emissions and it is much cheaper!)			
Try Park & Ride: see <a href="http://www.translink.co.uk/Services/Other-Translink-Services/Park--Ride/">www.translink.co.uk/Services/Other-Translink-Services/Park--Ride/</a> for details			
Plan ahead - combine car trips e.g. go food shopping/collect dry-cleaning, etc. when children are at sports training.			
Save air miles – buy locally grown fruit and vegetables in season			
Turn off engine if car is stationary for two minutes.			
Check tyres are at the correct pressure (this can save 4% on your fuel bill)			
Remove car rack, cycle rack, golf clubs, etc when not in use and save on fuel bill.			
Drive smoothly! (harsh braking and acceleration uses up to 30% more fuel)			
Slow Down! – it can cost you up to 25% more on fuel at speeds over 60mph			
Get the car serviced regularly to increase fuel efficiency			
Don't bother with air conditioning when travelling at speeds of less than 40mph			
If you are thinking of buying a new car, choose one with lower fuel and carbon emissions: see <a href="http://carfueldata.direct.gov.uk/search-new-or-used-cars.aspx">http://carfueldata.direct.gov.uk/search-new-or-used-cars.aspx</a>			
Air travel produces huge emissions. To find out more about the carbon cost of a flight you are considering, see <a href="http://www.carbonneutral.com">www.carbonneutral.com</a> or <a href="http://www.carboncalculator.org">www.carboncalculator.org</a>			