

No-Cost Measures	We will take this action!	Time Frame	Action taken
Leave no electrical equipment on Stand-by. Involve children and young people too by accessing fun energy saving games at www.operation-energy.com			
Turn off lights in unused rooms			
Avoid using tumble dryer - Dry clothes naturally			
Avoid using grill			
Fill dishwasher and washing machine before use			
Turn down heating one degree (can reduce energy consumption by over 5%)			
Only boil water that's needed			
Low-Cost Measures	We will take this action!	Time Frame	Action taken
Replace blown bulbs with A-rated energy saving ones			
Save money by using lighting only in areas needed e.g. table lamps for reading			
Put insulation strips around doors			
Seal draughty letter boxes			
Lag pipes			
Fit economy shower heads			
Fit lagging jacket on immersion			
Place timer on immersion			
Get boiler serviced			
Block draughts from chimney			
Long-Term investment	We will take this action!	Time Frame	Action taken
Increase attic insulation to at least 300mm (8 inches)			
Fill cavity walls			
Dry-line external walls			
Replace single glazed windows with double/triple glazed			
Purchase A-rated appliances			
Install zone heating system if you have a large house			
Fit Thermostatic Radiator Valves on old radiators			
Replace old boiler with a condensing boiler			
Install renewable energy e.g. solar panels			